

The challenge

My inspiration drawing challenge

Who inspires you?

Inspiring people come in all shapes and sizes: from WW2 veterans to NHS workers, there are many amazing people all around us doing heroic things.

Can you think of someone who inspires you? It could be your teacher, your sibling or even your favourite Premier League football player.

We want you to draw a wonderful picture of the person who inspires you and for you to tell us why you admire them.

You can download and print the template provided and draw your picture into it, or simply grab some paper and pencils and get sketching.

Once you have finished, why not send the picture over to an older relative, friend or neighbour to brighten up their day!

With your family, you can decide whether to post your letter, or share a picture of it on an email, or on a video call to that person. (You must consider social distancing when sending your letter.)



Safety tips

- Parents/carers should stay engaged and support their children, particularly if taking part online or by phone.
- Think carefully about what is uploaded or shared on social media platforms.
- Keep personal information private and take care not to give away too much identifiable information in photos and videos.
- Make sure you have permission to take and share photos or videos of relatives, friends or neighbours.
- Children and young people should never meet up with anyone they don't know in real life without a parent/ carer present.
- It is important to talk to your child regularly about online safety. Let them know they can come to you or another trusted adult if they're feeling worried, pressured, upset or unsafe.