

Delivery notes

Draw and write

15 minutes

This baseline assessment activity establishes a starting point for each pupil, before other activities in the pack are completed.

Organisation: Individual recording

Download: [Draw and write activity sheet](#)

Delivery notes:

- Step 1:** Either on the **Draw and write activity sheet** or A4 plain paper, ask the pupils to draw a person who feels happy with their life and good about themselves.
- Step 2:** Around the outside, write all the things that help the happy person feel this way.
- Step 3:** This baseline assessment will be returned to pupils at the end of the delivery of the lesson, therefore once the teacher has identified the needs of the pupils and addressed any misconceptions. But the drawing should be kept safe for future reference.

Premier League
Primary Stars

PSHE Resource: Self-esteem

Activity sheet
Draw and write

Name: _____

Instructions

1. Draw a person who feels happy with their life and good about themselves.
2. Around the outside, write all the things that help them to feel this way.

