

Resource sheet E-safety tips poster



Be smart, be safe on the internet:

1. Keep safe – be careful not to give out personal information such as your full name, email address, phone number, home address, photos or school name to people you are chatting to online.
2. Do not meet anyone you have only been in touch with online.
3. Do not accept emails, requests or instant messages, or open files, pictures or texts, from people you don't know or trust. They can lead to problems and may contain viruses or nasty messages.
4. Remember that information found online may not be true. Anyone can add information to the internet, so be careful what you read and check other sources to make sure it is true before using it.
5. Finally – tell an adult, carer or trusted adult if there is anything you feel uncomfortable or worried about online. Let someone know if you think someone else is being bullied online.