

Delivery notes

Plenary activity: How do you feel?

5 minutes

Introduction:

Pupils will imagine how they would feel in a range of football-based scenarios and how they would demonstrate this emotion.

Downloads:

- [How do you feel? game](#)

Delivery notes:

Step 1:

Using the resource **How do you feel? game**, give pupils different situations that might happen at a football match and ask them to imagine they are a Premier League footballer.

Step 2:

Ask them to think of at least one emotion they would feel in that situation.

Key questions: *How would you feel? What emotions would you show? Is there more than one emotion that you would demonstrate? Why would you feel like that? What would that emotion look like?*