













Resource sheet

How do you feel? game

How to play:

1. Print these cards and cut out them out.
2. Shuffle the cards and choose one at random.
3. Read the card and ask pupils to think about how they would feel if they were a Premier League footballer in this situation. (Example emotions are also given.)

<p>The manager sends you a text to tell you who is playing in the next match.</p> <p>Hopeful  Anxious </p> <p>Excited  Nervous </p>	<p>You have just scored the winning goal.</p> <p>Happy </p> <p>Elated </p>	<p>You are in the tunnel getting ready for the final match of the Premier League season. If you win your team will win the League.</p> <p>Nervous  Excited </p>
<p>The cup semi-final that you are in ends in a draw and you have to play 30 minutes' extra time.</p> <p>Exhausted  Happy </p> <p>Nervous </p>	<p>You suffer an injury just as you were about to score a goal.</p> <p>Disappointed </p>	