Manchester City Women’s football player, Demi Stokes, grew up in South Shields, in the North of England. She lived on an estate where people from all backgrounds lived alongside each other. Demi loved kicking a ball with her friends on the beach – it was there that her love for football grew.

Think about a friend or someone important to you. How are you similar? What makes you different?

“Diverse communities have a range of different people in them. You can learn a lot from people who are from a different country or culture to you, or of a different ethnicity or religion. The most important thing is to be respectful.”

What country would you most like to visit and learn more about?

Why?
Demi Stokes feels proud of her Jamaican **heritage** and enjoys learning about it.

What makes you unique? Use the boxes below to help you answer the question.

**My family is special because...**

“**There are still things I don’t know about my own race and culture. We should all keep researching and finding out more.**”

**I am proud because I...**

---

**Draw a line to match the keywords to their meaning:**

- **Diversity**
  - a. What makes you who you are.

- **Identity**
  - b. Being kind and welcoming to all.

- **Heritage**
  - c. A range of different people e.g. different religions, races or genders.

- **Culture**
  - d. The things you do with your family and community.

- **Inclusion**
  - e. Your family background.